

Angela received her Bachelor of Arts degree in Psychology and a minor in Holistic Health from Georgian Court University of New Jersey. Afterwards she earned a Master of Arts in Counseling in Educational Settings from Rowan University. She is a Nationally Certified Counselor and out of her 10 years of being an educator, 6 years were dedicated to providing mental health to students.

Angela's primary clinical and coaching focus is helping adolescents and adults who want to overcome personal hurdles in their life, go from a place of surviving to thriving. She accomplishes this through the Path to Thrive method she has developed and used for many years with proven success.

Overall, Angela uses her years of professional experience to help clients establish meaningful goals, create sustainable change and pursue purpose with passion.