

Kim Young Woods
Veteran Media and Executive Sales Leader

Kim Young Woods is a top-performing sales executive who knows about breaking glass ceilings. She has been recognized and honored as the first female African-American publisher of a newspaper in the state of South Carolina.

Kim Young Woods is a DEI advocate and tenured leader who currently works for an international global education company in business development and strategic university partnerships. Previously, she worked for the top news organization in the country, having managed six of their properties as Vice President of Digital and Media Sales. She started her media career as a classified automotive account executive for the Herald Media Group in Rock Hill (SC).

A licensed minister of the gospel, Minister Kim's passion is helping women actualize and develop their next level of greatness. She lives this dream through her company, LifeChangers Solutions, LLC, which she founded in 2012 to assist women with everyday struggles and achievements. Her company's main priorities are individual coaching, executive coaching, and group coaching. She works with women to offer them freedom to live their best lives from a holistic approach. She unshackles women by directing them to the joy of walking in their divine purpose and pursuing their visions that may have been, at one point, forgotten.

Kim Young Woods is a graduate of Northwestern University's Advanced Executive Program and received both her Bachelor of Arts in Mass Communications in Journalism and her Master's of Education in Counseling and Development from Winthrop University (SC). She is married to Reverend A. Torrey Woods, and they have two children and an 18-year-old Beagle, Lady Bug.