

Bio:

Dr. Angela Roman Clack is a licensed psychotherapist and Owner of Clack Associates, LLC a private practice outpatient counseling agency in Southern New Jersey. She has been working in the mental health field for more 25 years. Dr. Clack earned her doctorate in 2002 with a degree in Clinical Psychology from Argosy University, Washington, D.C.

Dr. Clack is known for her ability to teach, supervise, coach, and provide training in various areas pertaining to adults youth, and their families. Because of her training and teaching abilities, Dr. Clack has made a massive impact in her community by reducing the stigma of people of color who seek mental health treatment.

Dr. Clack is passionate about discussing mental health and wellness including women's wellness such as Peri- and Postpartum Depression and Anxiety, maternal mental health and morbidity/mortality and healthcare inequities. She has a broad range of public speaking experiences including community events, radio and internet shows, women's empowerment groups and panel discussions, church and school settings, and collaborations with mental health advocacy organizations and non-profit community organizations. With her highly diverse clinical experiences and training in adult, child, adolescent and forensic settings, she is able to discuss a broad range of topics.

Her practice treats adults and youth suffering from depression, anxiety, grief/loss, as well as general emotional distress and relationship/interpersonal problems. She also trains counselors, social workers, and related mental health professionals. Dr. Clack is a mental health subject matter expert in diagnosing, assessing and treating trauma. She is the author of Women of Color Talk: Psychological Narratives on Trauma and Depression.